

Longer walks for the Wokingham health walkers

Winter 2019-20 – REVISED PROGRAMME (October 2019)

These circular walks are intended for regular walkers who are physically fit and able to walk the distances shown. Be prepared for steep hills, rough terrain and mud. Stout walking boots and protective clothing are essential. All participants walk entirely at their own risk. Just turn up and **bring a packed lunch**. Some of the car parks have limited space, so **please share cars** whenever possible. Walks start promptly at either **10.00am** or **10.30am** (see details below)

Sunday 27th October 2019. 10.30am - Ashampstead - (Dist. 10 miles. Time 5 hours. Asc/desc: am 117m. pm 54m)

Casey Fields farm shop , Dog Lane. Driving time: **35** minutes

Grid reference: SU 560 766 Explorer 159. Sat. Nav.: W 1.1951; N 51.4853.

Big skies & Christmas trees.

A two-part walk – morning 6 miles, afternoon 4 miles. Both parts start and finish at the farm shop.

Leader: Peter (mobile phone 07802 247642)

Sunday 24th November 2019. 10.00 Woodcote (Distance: about 9 miles. Time about 5 hours)

Village hall car park. Driving time: 30 minutes

Grid reference: SU 646 821. Explorer 171. Sat nav.: W 1.0592 N 51.5209

A moderate walk with a mix of open views and woodland.

Leader: David W (Mobile phone 07514 032622)

Sunday 29th December 2019. 10.30am – Windsor Great Park (Distance: about 10 miles. Time: 5 hours)

Rangers Gate car park. Driving time: 30 minutes

Grid reference: SU 954 734. Explorer 160. Sat. nav.: W 0.6288; N 51.4519

A walk in the park on mainly firm paths

Leader: Peter (mobile phone 07802 247642)

Sunday 26th January 2020. 10.00am - East Chilterns (Distance : about 10 miles. Time 5 hours)

Lane End village car park. Driving time: 35 minutes

Grid reference: SU 807 919 Explorer 171 and 172. Sat. Nav.: W 0.8358; N 51.6196

A circular walk to the west.

Leader: Richard (mobile phone 07938 573160)

Sunday 1st March 2020. 10.00am – (Distance: 10 miles. Time: 5 hours. Asc/desc. 322m.)

Maidensgrove Common. Driving time: 35 minutes

Grid reference: SU 718 887. Explorer 172. Sat. nav.: W 0.9648; N 51.5922

A figure-of-eight walk. Morning 6.6miles; 229m ascent. Afternoon 3.4 miles; 93m ascent.

An undulating Chilterns walk to Nettlebed and Pishill.

Leader: Peter (mobile phone 07802 247642)

Sunday 29th March 2020. 10.30am – Wokingham - (Distance 9 miles. Time 4½ hours)

Simons Wood NT car park. Driving time: 20 minutes

Grid reference: SU 813 635. Explorer 159. Sat. Nav.: W 0.8333; N 51.3646.

An easy walk in the southern part of the borough.

Leader: Paul (mobile phone 07592 004812 – on the day)

Maps: Ordnance Survey Explorer 1:25000

Sat. nav. co-ordinates: Degrees and decimals.

Driving times: from Woodley, per AA route planner. Further location details will be published on www.healthwalks.org.uk before each walk.